

July 30, 2026

Overdose Alert.



Grey Bruce Public Health has been notified of multiple overdoses that occurred in Owen Sound and Saugeen Shores on July 29th. The suspected substance was fentanyl in 2 cases and unknown in the other cases.

Follow these harm reduction practices:

- **Don't use alone. Have a trusted, sober friend present. Call or text NORS 1-888-688-6677 if using alone.**
- **Get overdose prevention training & carry a naloxone kit.**
- **Take extra caution if mixing substances. Mixing substances can increase the risk of harm and drug poisonings.**
- **Go slow. Always start with a low dose and increase slowly, especially if trying something new or restarting use.**
- **Use only new supplies and avoid sharing supplies. This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.**

Suicide Crisis Hotline: 9-8-8
Connex Ontario: 1-866-531-2600
Supportive Outreach Services (SOS): 519-379-8743
Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999
National Overdose Response Service (NORS): 1-888-688-6677



Please remove by August 6, 2026